



Education at its best.

MONTELLO SCHOOL DISTRICT

Parent/guardian info for stock over-the-counter medication:

Please read the following information regarding our stock over-the-counter medication program at school. By giving consent during registration, you will NOT need to be contacted during the school day if your student is requesting the medication. Please be aware that:

1. Non-medication interventions will be attempted before giving a medication (i.e. rest, ice pack, snack, juice, etc.).
2. Written parent/guardian consent is required before giving any medication. This is to be completed during online registration or in-person with a medication consent form. Without this consent, your child will not have any stock medication available to them to use during the school year. The school nurse/health aide will not be calling to obtain verbal permission over the phone.
3. Medication will be provided as available and on a limited basis (no more than 5 doses per year. Cough drops, aloe vera, and petroleum jelly will be allowed to be requested more than 5 times per year). Please be aware that there could be times where our supply runs low and a specific stock medication may not be available. If this is a concern for you, please provide the health office with your child's own supply.
4. This service will only be available if the school nurse/health aide is in the district. Stock medications are also not available during field trips or athletics.
5. If you think your child will use an OTC medication on a regular basis or may need it available for field trips, please provide the health office with your child's own supply.
6. There is not an option to pick and choose which medication stock you are consenting to, this is an "all or none" program. An opt-out form will need to be completed if you do not want stock meds available to your child.
7. The goal of this program is to help treat minor discomfort that may distract a student from their classroom learning.

Stock Over-the-Counter Medications Available:

- ❖ Tylenol (acetaminophen) in the form of a tablet or chewable tablet. To be given as directed per age on the medication bottle.
 - May be used for headache, cramps, sprain, muscle aches, toothache, or other mild discomfort. Please note: to avoid overuse, your child will be limited to 5 administrations of tylenol per year. If you think your child may request more than 5 doses in a year, you will need to provide your own bottle of the medication to be kept in the health office.
- ❖ Ibuprofen (motrin, advil) in the form of a tablet or chewable tablet. To be given as directed per age on the medication bottle.
 - May be used for headache, cramps, sprain, muscle aches, toothache, or other mild discomfort. Please note: to avoid overuse, your child will be limited to 5 administrations of ibuprofen per year. If you think your child may request more than 5 doses of ibuprofen in a

year, you will need to provide your own bottle of the medication to be kept in the health office.

- ❖ Benadryl (diphenhydramine) in the form of a tablet or chewable tablet. To be given as directed per age on the medication bottle.
 - May be used to relieve signs and symptoms of an allergic reaction (such as hives, itching, swelling). Please note: stock benadryl will never be offered to relieve seasonal allergy/chronic allergy symptoms. If you think your child may request more than 5 doses of benadryl in a year, you will need to provide your own bottle of the medication to be kept in the health office.
- ❖ Cough drops (brand may vary). To be given as directed on brand packaging.
 - May help to relieve coughing or ease the pain of a sore throat. Please note: cough drops will only be offered to students 3rd grade and older. If you think your child may request cough drops on a regular basis, please provide your own supply for them to use.
- ❖ Hydrocortisone cream. To be applied as directed on the packaging.
 - May be used for skin irritation due to insect bites, rashes, or eczema. Please note: to avoid overuse, your child will be limited to 5 administrations of hydrocortisone cream per year. If you think your child may request more than that, you will need to provide your own bottle of the medication to be kept in the health office.
- ❖ Calcium Carbonate (tums, pepto) chewable tablets. To be given as directed per age on the medication bottle.
 - May be used to help with heartburn, sour stomach, or upset stomach. Please note: to avoid overuse, your child will be limited to 5 doses of calcium carbonate per year. If you think your child may request more than that, you will need to provide your own bottle of the medication to be kept in the health office.
- ❖ Aloe in the form of a gel or cream. To be applied as directed on packaging.
 - May be used to help ease the pain of mild burns, cuts, or rashes.
- ❖ Petroleum jelly. To be applied as directed on packaging.
 - May be used dry skin, chapped lips, or mild cuts.

Waiver signature:

I hereby give permission for designated school staff to give the above selected medications to my student during the school day. I give my permission for staff to notify other school personnel of medication administration and possible side effects of the medications. I agree to hold the Montello School District and its employees harmless in any or all claims arising from the administration of this medication. I agree to notify the school if I wish to make any changes to the above consent.